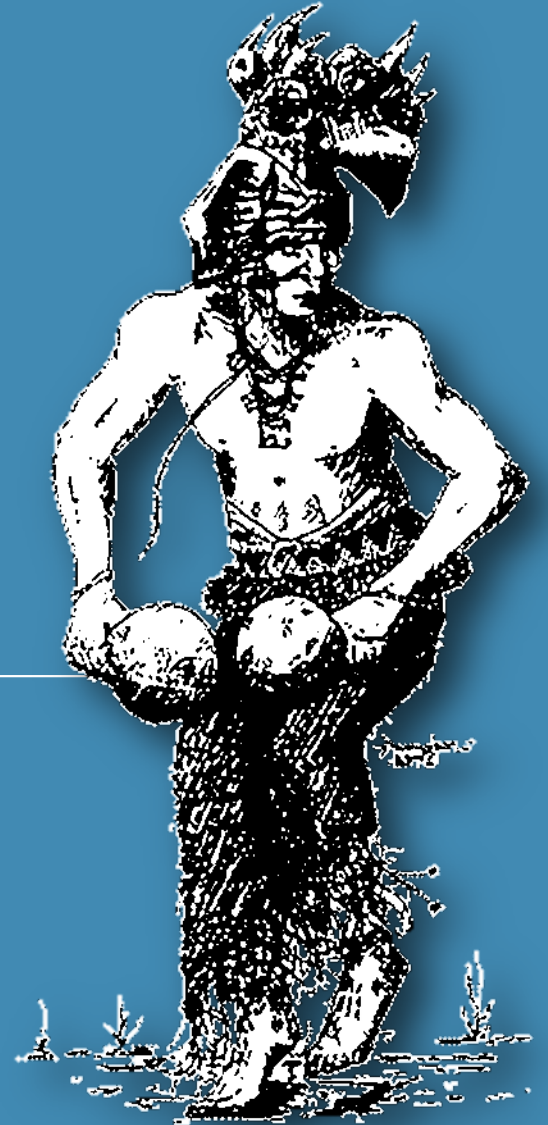


REDUCING PARENTAL STRESS WITH COMMUNITY-BASED EVALUATION AND CULTURAL EDUCATION ON THE PASCUA YAQUI RESERVATION

The Pascua Yaqui Tribe Sewa Uusim Community Partnership
In collaboration with the Southwest Institute for Research on Women (SIROW)

Amy Lucero Monique Tsosie Stephanie Fregoso Dennis Noonan Corrie Brinley



COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
Southwest Institute
for Research on Women

Objectives

- Explain the significance of including parents/caregivers/family members in assessment and ongoing evaluation processes.
- Explain how culture and community involvement can help caregivers to cope with parental stress.
- Learn strategies for incorporating culture and opportunities for community involvement into parenting support services.



Pascua Yaqui Tribe of Arizona

- Homelands of Mexico
- Fled eradication in 1800's
- Federally recognized tribe since 1978
- The youngest tribe in the Arizona
- Estimated 18, 955 enrolled members as of 2015
- Average age: 19.5 years old



University of Arizona Southwest Institute on Research on Women

Mission Statement:

- To improve the lives of women and girls – particularly those living in the Southwest – through interdisciplinary and inter-institutional research and action projects.
- Projects include a broad spectrum of themes and issues from health and wellness to education, employment, women's history and the arts.
- It is our belief that by challenging the status quo, facilitating the voices of those who experience disparity, working with diverse groups of women, men and transgender individuals, and seeking innovative methods to improve conditions and contexts, positive changes can be made at an individual, social and structural level.



Community Based Participatory Research

“Community-based participatory research (CBPR) is a collaborative approach to research that equitably involves all partners in the research process and recognizes the unique strengths that each brings. CBPR begins with a research topic of importance to the community with the aim of combining knowledge and action for social change to improve community...”

W.K. Kellogg Foundation, Community Health Scholars Program, 2001 quoted in Minkler and Wallerstein (2003:4)

PROJECT LAUNCH ~ Ili Uusim Hiapsi (Little Children's Hearts)

- Conduct individual interviews with Yaqui families
 - All children (birth-8) and all caregivers are eligible (e.g. parents, grandparents, foster parents, other adults)
- Share screening results with participants and Family Navigators
 - Family Navigators refer/recommend appropriate services
- Re-assess every 6 months for the duration of the project
- Age-appropriate development and Social-Emotional development



Evaluation Measures

PARENTS/CAREGIVERS

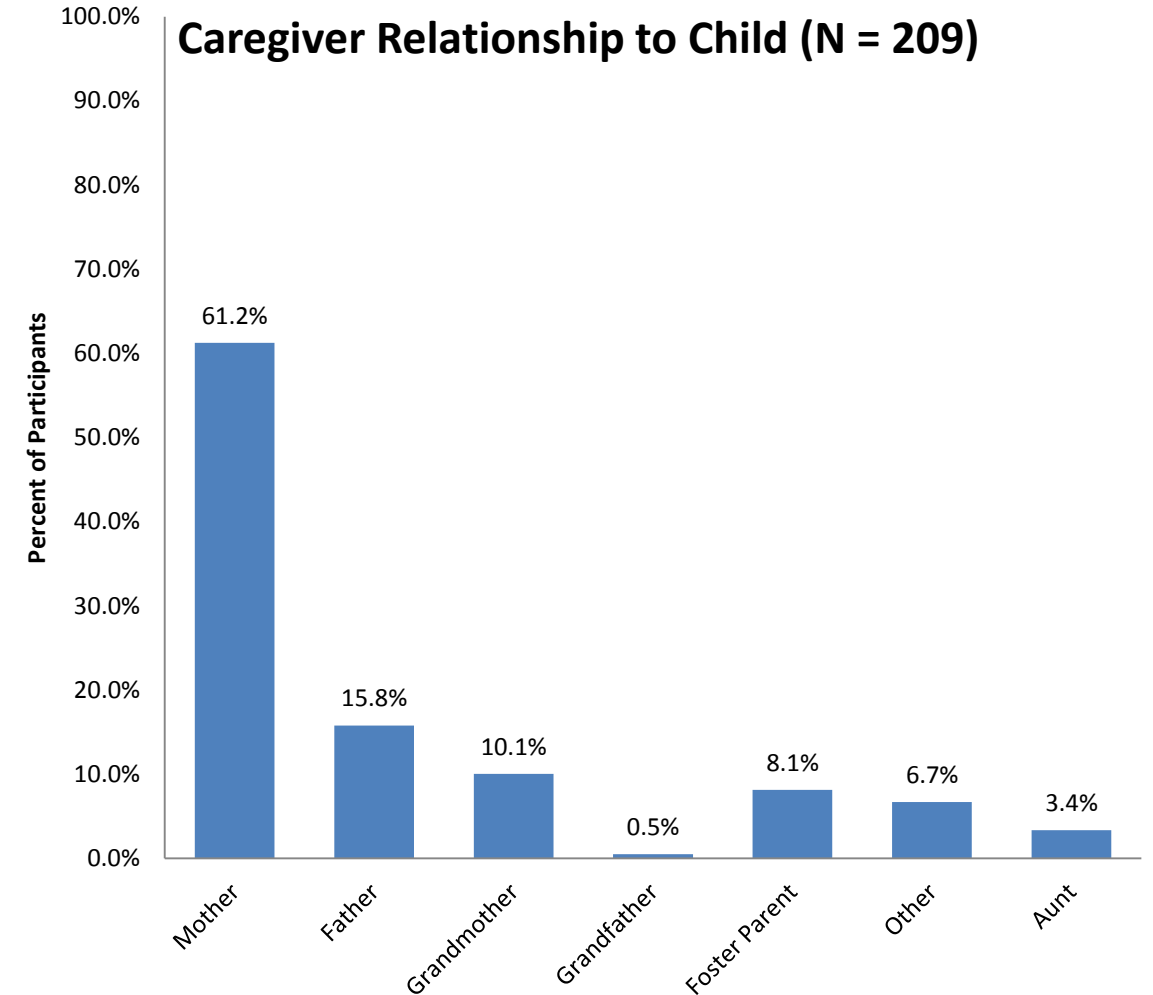
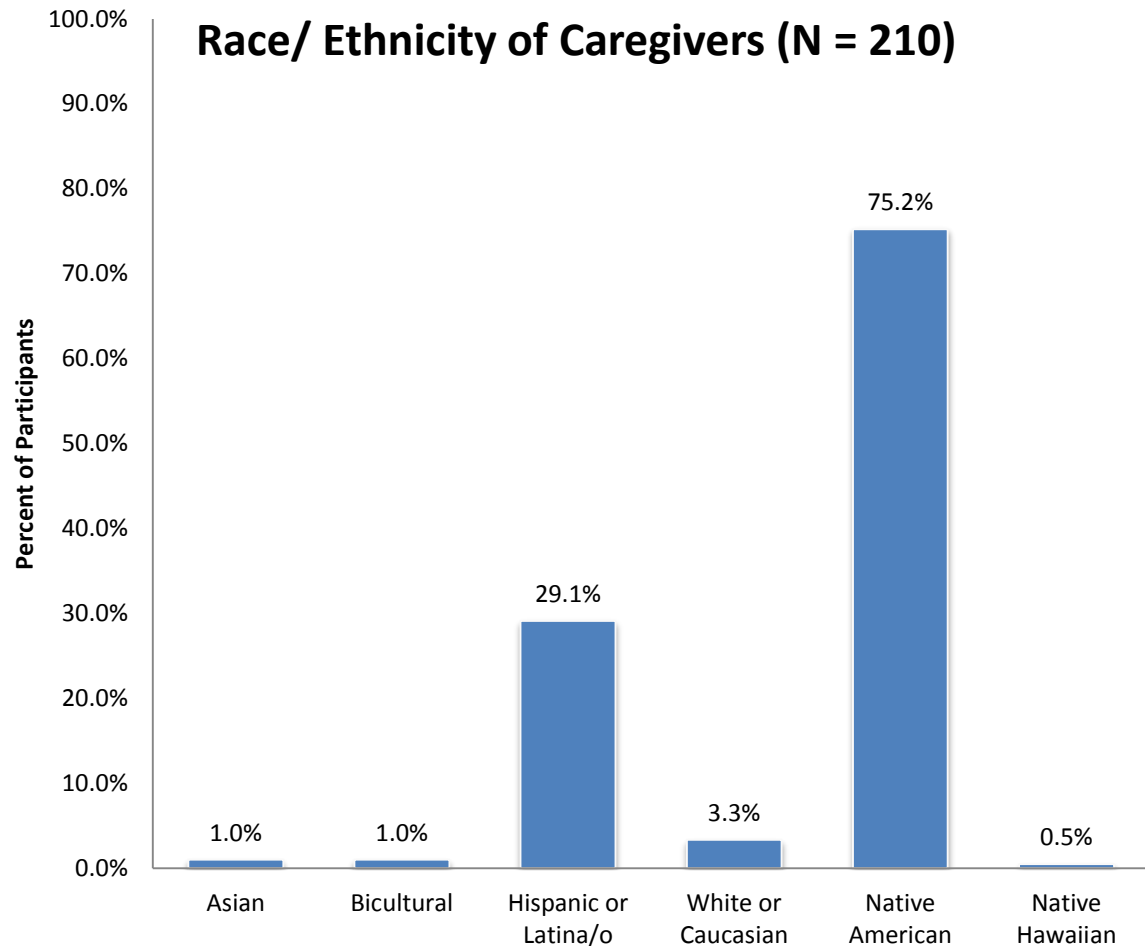
- Parental Stress Inventory
- Native American Parenting Survey
- Global Appraisal of Individual Needs - Short Screener (GAIN-SS)
- Social Skills Improvement System-Parent Version (SSIS)
- Native American Acculturation Scale (NAAS)
- Satisfaction and Participation Surveys

CHILD

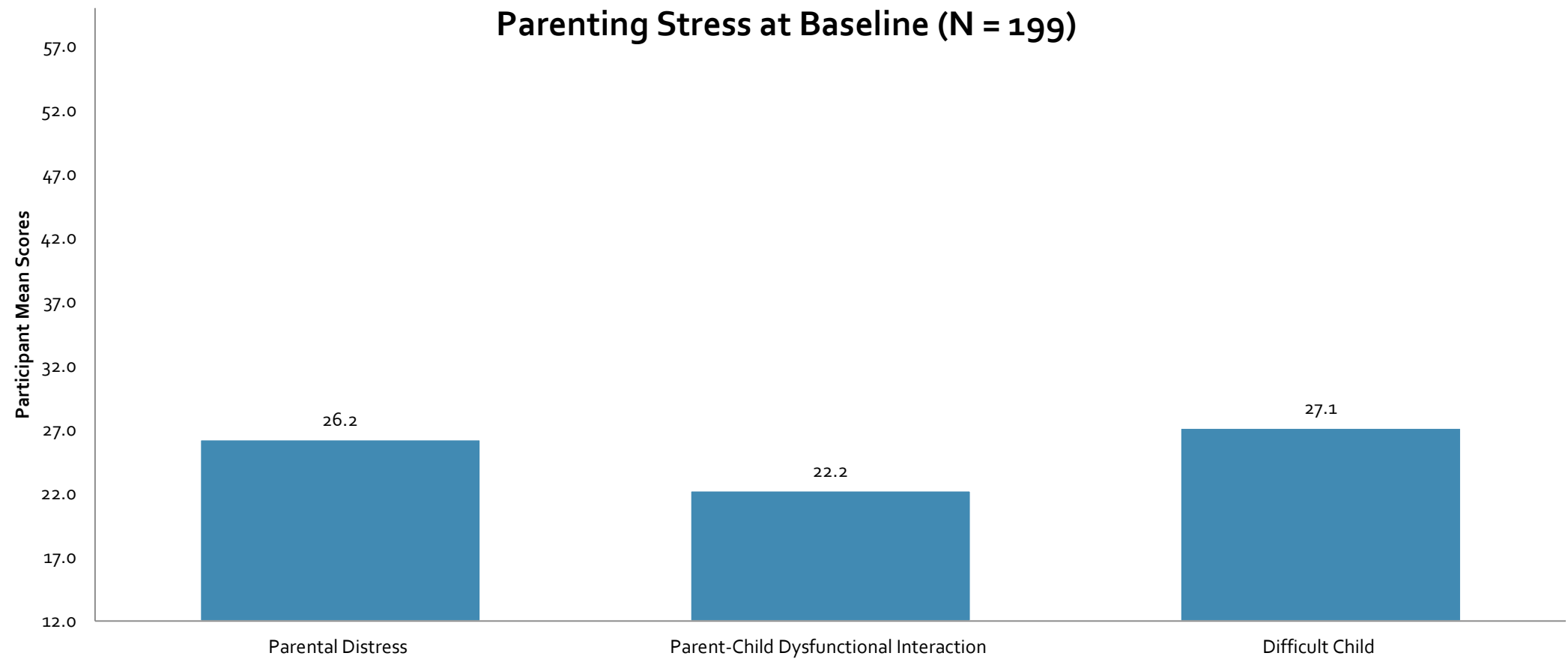
- Ages and Stages Questionnaire
 - ASQ-3 and ASQ:SE



Ili Uusim Hiapsi Caregivers



Parental Stress Inventory



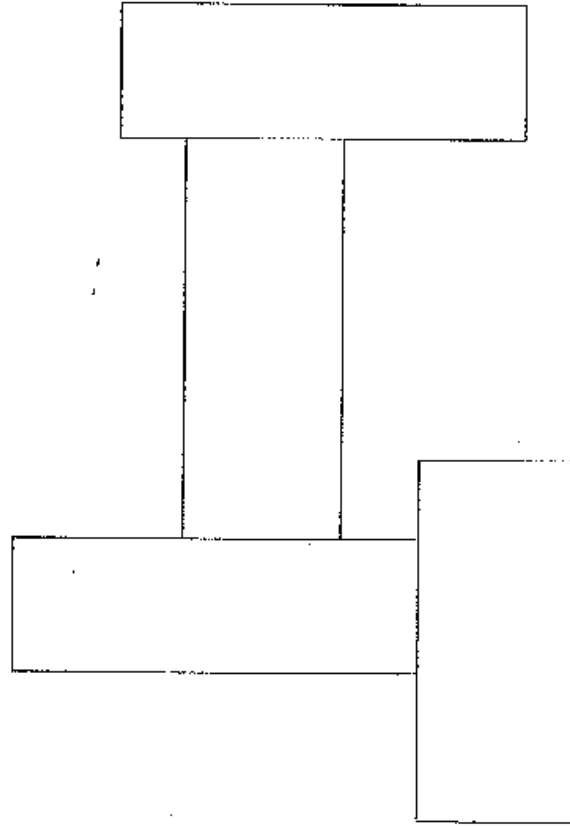
Fatherhood/ Motherhood is Sacred

- This activity is taken from the MIS/ FIS curriculum. This activity is done with participants in the session focusing on communication.
- “Our approach is based on a culturally rich model that inspires and motivates fathers and mothers to devote their best efforts in teaching and raising children to develop their potential and the attributes needed for success in life.”
- The MIS/ FIS method is:
 - Uplifting
 - Encouraging
 - Assisting
 - Teaching

*Taken from NAFFA Fatherhood/ Motherhood is Sacred

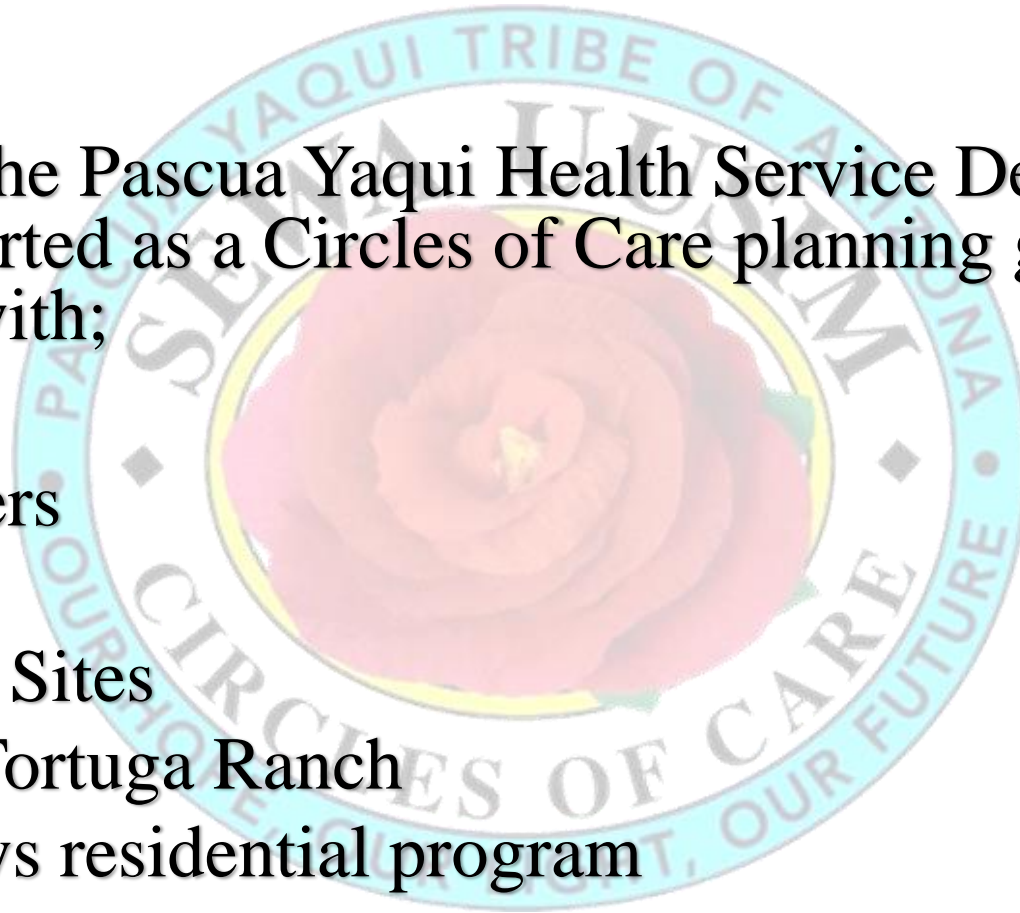
ACTIVITY #1

“Do you see what I see?”

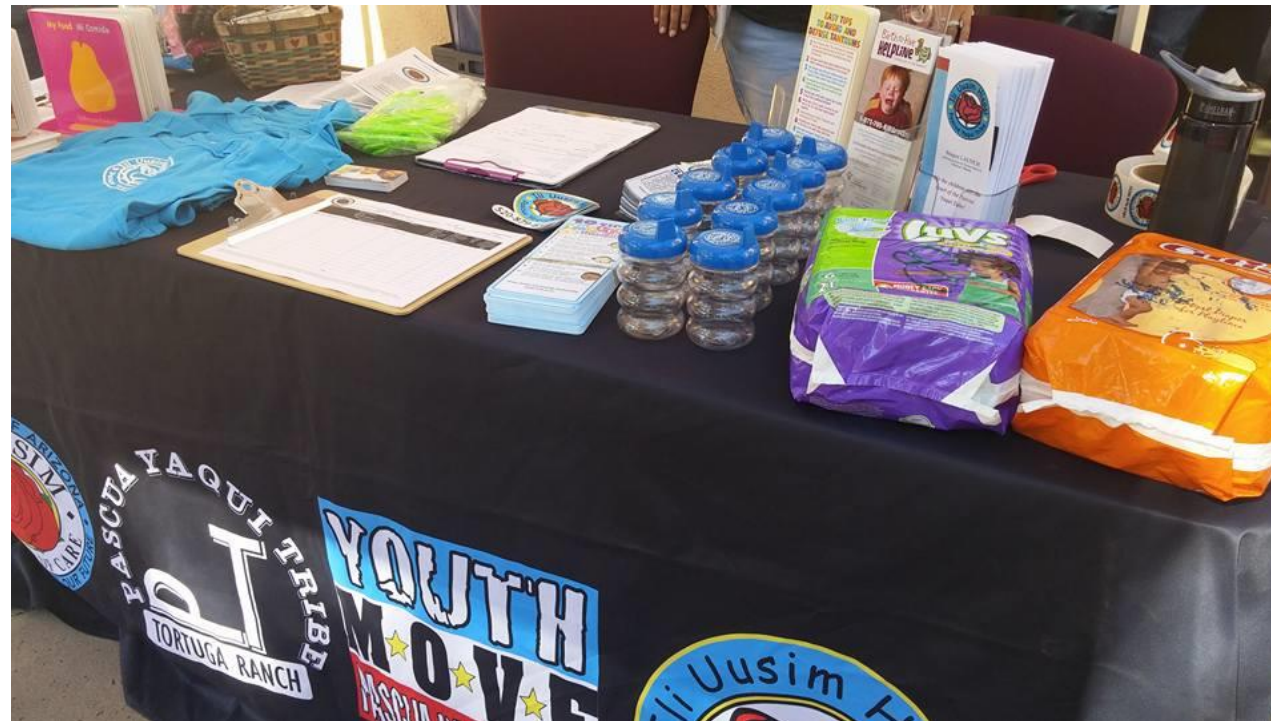


Sewa Uusim Community Partnership

- A program of the Pascua Yaqui Health Service Department since 2001. What started as a Circles of Care planning grant has grown into program with;
 - 6 Managers
 - 47 Staff
 - 7 Service Sites
 - 80 Acre Tortuga Ranch
 - 8-bed boys residential program



Breastfeeding Celebration Week



Community Baby Shower Event



Project LAUNCH

Ili Uusim Hiapsi (Little Children's Hearts)



Project LAUNCH purpose is to create a sustainable culture of collaboration and interdependence that provides accessible integrated resources that promote holistic child wellness.

○ Program Objectives:

- Improve coordination and collaboration across child-serving systems
- Improve access to higher quality care and evidence-based programs for young children and their families
- Raise awareness and increase knowledge about young child wellness through public education and workforce development

Ili Uusim Hiapsi (Little Children's Hearts)

○IUH staff includes

3 Family Navigators

3 Home Visitors

2 Child & Family Therapists (Young Child)

Services Offered

- Family Strengthening Opportunities:
 - Motherhood/Fatherhood is Sacred groups
 - Devoted Hearts groups (Positive Indian Parenting)
 - Parenting skills workshops
 - Family nights
 - Cultural activities
 - Wraparound services
 - Grandparent support groups
 - Growing Together (Family Mentoring Program)



About Home Visitation...



Home Visitation

We use an evidence-based, family strengthening, and life skills curriculum.

- * It is a voluntary program available for children ages 0-8 and their caregivers
- * We serve Tribal members and those that live on the reservation
- * We will meet you where you are most comfortable
- * We empower you with knowledge about your child's overall growth and how you play a big part in their development
- * We connect you with appropriate services and resources in the community

MISSION:

“To provide information, support, and encouragement families need to help their children develop optimally during the first 8 years of life.”



For More Information
Please Call:
(520)879-6181

Home Visitation on the Pascua Yaqui Tribe

- IUH Home Visitation is an evidence-based, prevention program for children pre-natal to age eight and their families that is culturally sensitive and family driven.
- Services to families may vary and is based on the needs of the child and family using Growing Great Kids & Brain Box curriculums.



Our Approach

- Engage families in assessments of their strengths and needs.
- Service delivery based on culture, trust, and respect.
- Programs are flexible and continually responsive to emerging family and community issues while insuring model fidelity.
- Encourage open and honest communication and maintain confidentiality.

Timeframe and Location

- Visits are scheduled around the family's needs.
- Visits can range from once a week, twice a week, or more.
- Typically an hour, but can be tailored to more or less time.
- In home
- At our office
- At the park
- Anywhere the family feels comfortable and maintains confidentiality

ACTIVITY #2

“Getting Rattled”

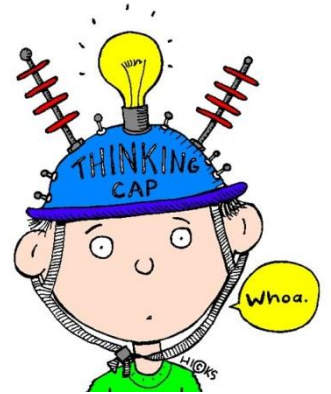
Growing Great Kids/Growing Great Families Curriculum

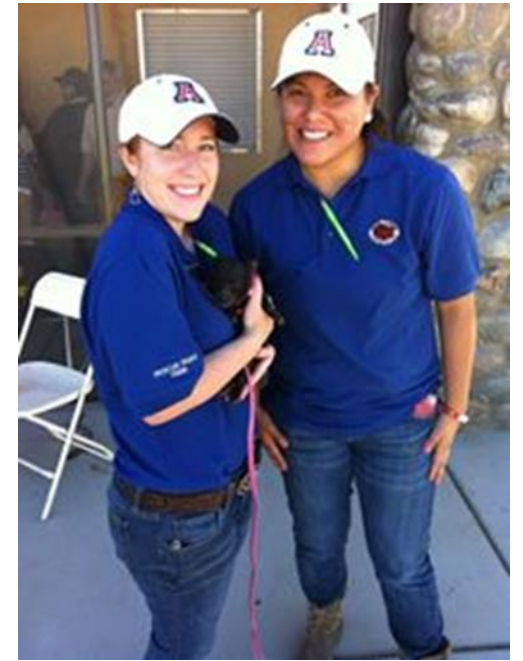
- Growing Great Kids/Growing Great Families is a curriculum that gives parents the tools and strategies to grow and enhance their parenting and family relationships.



Physical & Brain Development

- 90% percent of a Child's Brain develops during the First Five years of Life.
- What children experience the first days of their life and for years after, influence positive health, behavior and learning to last a life time.
- For children to not only be successful in school, but in life, it's important to start children off on the right path.
- Studies have shown that early exposure to programs such as Home Visitation supports families in gaining the skills and knowledge needed to support and teach their child.





OUTREACH



ILI UUSIM HIAPSI

ILI Uusim Hiapsi in conjunction with
ILI Uusim Mahtawapo staff, will be hosting a
Summer Program for children ages 3 to 8 years old.

**CHILDREN'S SUMMER
ENRICHMENT PROGRAM**

JUNE 15, 2015 - JULY 17, 2015
MONDAY - THURSDAY
8:00AM - 2:00PM
ILI UUSIM MAHTAWAPO BUILDING

LIMITED SPACE AVAILABLE
BREAKFAST & LUNCH PROVIDED

PLEASE RETURN REGISTRATION PACKETS TO
THE SEWA UUSIM COMMUNITY PARTNERSHIP
OFFICE, ILI UUSIM HIAPSI & ILI UUSIM
MAHTAWAPO BY **MAY 23, 2015**

FOR MORE INFORMATION CALL:
**SEWA UUSIM
COMMUNITY PARTNERSHIP**
(520) 879-6181
**KARLA VALENCIA @
ILI UUSIM HIAPSI**
(520) 879-6178

ARTS & CRAFTS

**SPORTS
ENRICHMENT**

YAQUI LANGUAGE AND FOLK STORIES

PROJECT LAUNCH
helping children soar

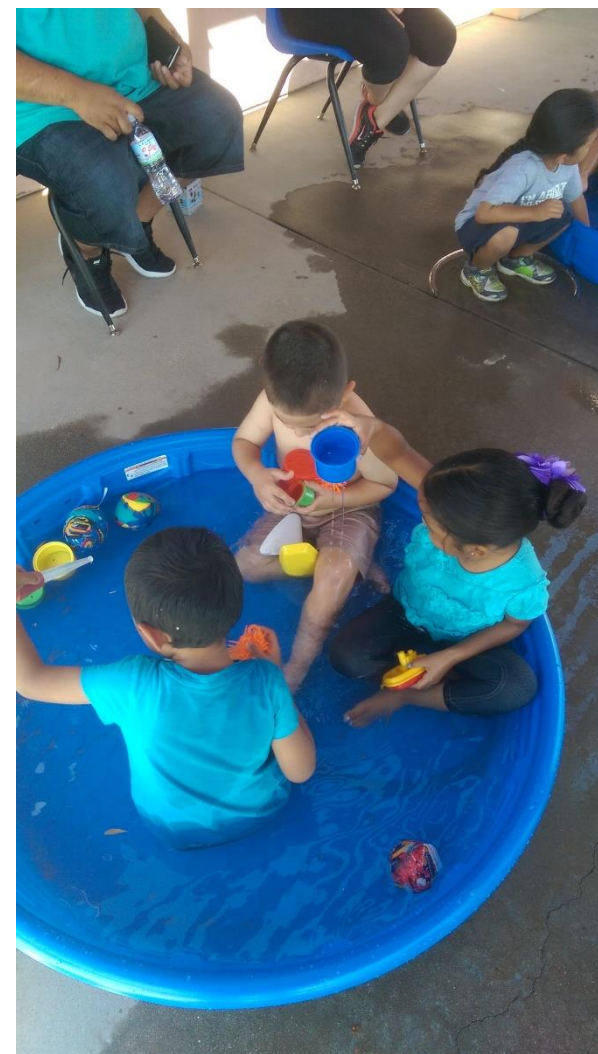
SAMHSA
A Life in the Community for Everyone









QUESTIONS?



THANK YOU!

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Complete the Breakout Session Evaluation on the Mobile App

